

Northern Highlands March meeting

The meeting was attended by a number of interested community members who gathered at the Community Library meeting room to hear Mike McCarthy from Adelaide's White Ribbon Breakfast Committee speak about his experience over the past 6 years with the Committee.

Mike was impressed with Northern Highland members' push to spread the anti-domestic violence message through the distribution of stamped paper bags. He is extremely dedicated to getting the anti-domestic violence message 'out there' into the community as he has been saddened by the loss of an employee through domestic violence.

The next project for NH Soroptimists will be Sammy D Foundation Workshops.

Soroptimists have organised to have the Sammy D Foundation visit Jamestown. In 2008, Adelaide teenager Sam Davis was killed from a violent and unprovoked one punch assault. Sam's parents Nat Cook and Neil Davis founded the Sammy D Foundation, with the ultimate aim of providing skills to young people in order to prevent such a tragedy from happening in our community again.

They will run workshops for all students from both schools from Years 6 – 12 (two sessions: Yr 6-9, Yr 10-12) and a community session at night at the Football clubrooms on Thursday 12 May. These workshops deal with Drug and Alcohol education and the impact drugs and alcohol can have on our lives.

This is an opportunity for parents to share with their young people, the effect of drugs, alcohol and violence and strategies of how to deal with it.

Soroptimists are raising money for these workshops and looking for support for this project which will ultimately support our young people in our community.

NH Soroptimists will be holding their 10th Anniversary Rose & Flower Show in October this year.....we are hoping that our community gardeners will be busy preparing their gardens as there may be some new additions to the program to celebrate!!!